

Orientation 101
Welcome, new citizens!











The Al decides how the city's *finite resources* are distributed



The core of its approach is to *reward 'wellness'*

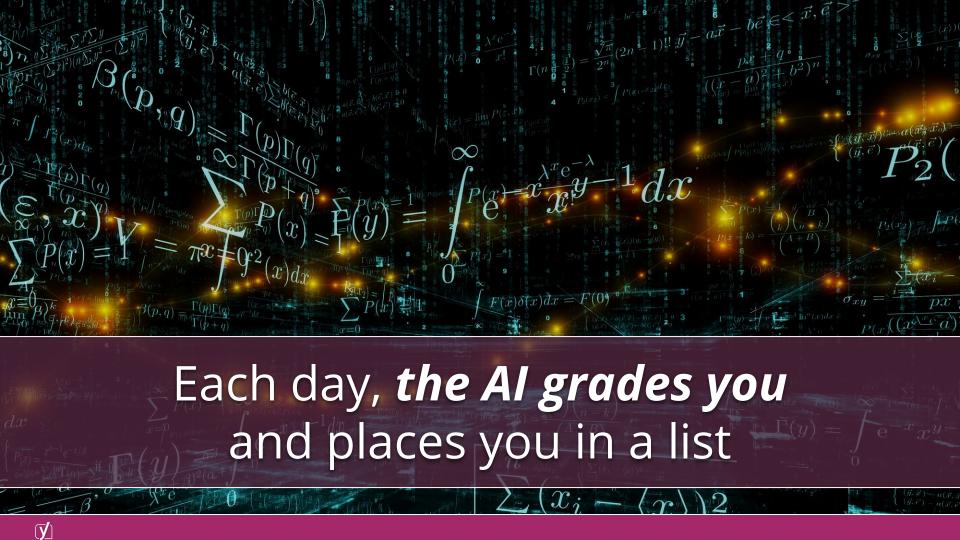
66 Wellness

A high level of **physical** and **mental fitness**.





A "well" society is happier, healthier, and *more productive*







How do I rank higher in the results?





The Al defines 'wellness' in the form of *3 laws*

44 THE FIRST LAW You must be healthy

You must eat a balanced diet.

You must exercise regularly.

You must be strong, fast and flexible.

You must be fit, in mind and body.



66 THE SECOND LAW

You must be creative

You must be innovative, stand out, surprise and delight. You must write, play music, or create beautiful art. You must challenge how people think and behave. You must create a legacy.

44 THE THIRD LAW You must be popular

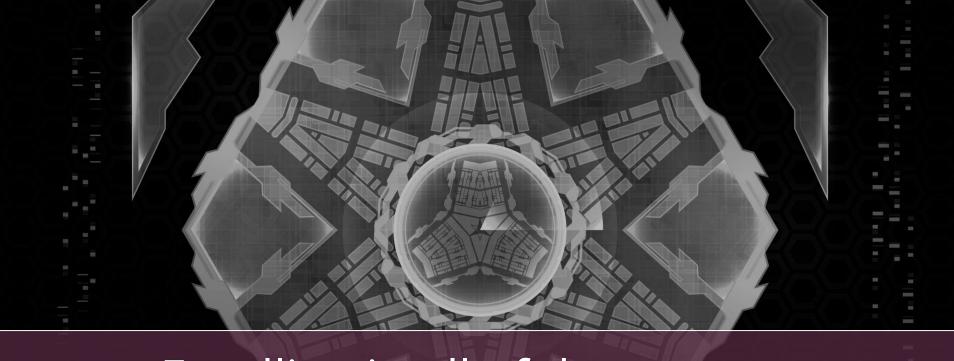
You must be well-known, and well-liked.

You must meet new people.

You must maintain a healthy and diverse network.

You must be talked about, wanted, loved.





Excelling in all of these areas requires *a lot of hard work*!





...and **we don't know** how well we're doing in each category.







It's even starting to be able to predict the future





Some people spend all their time trying to *reverse-engineer* their grades

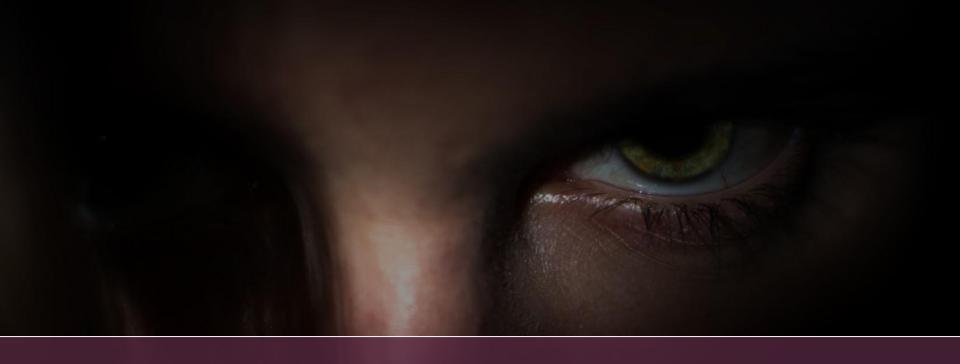


Some try to *cheat*, and to trick the machine





Some spend all of their energy campaigning about how *the system is unfair*.



Some say that the system is evil



Do not worry, good citizens!





But not everybody is as well-behaved as you are...



So the system introduced a **fourth law**

66 THE FOURTH LAW

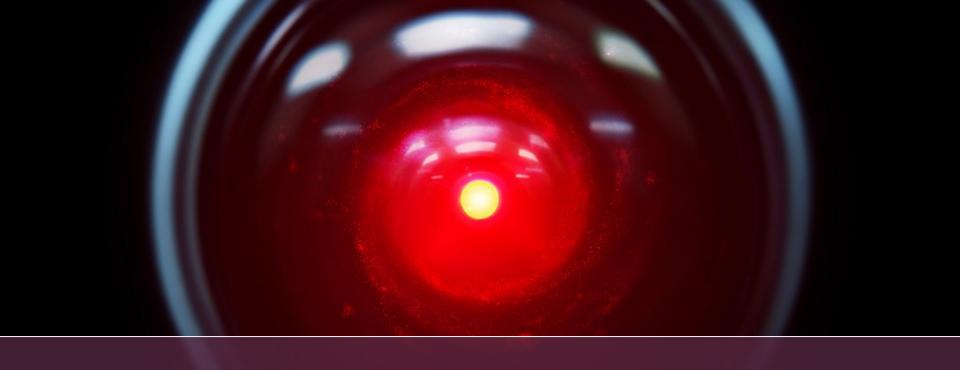
You must act with integrity

You must be completely honest and transparent in all of your dealings with The System.

You must not attempt to deceive The System.

Trust that The System knows best.

Deceiving the system may lead to punishment.

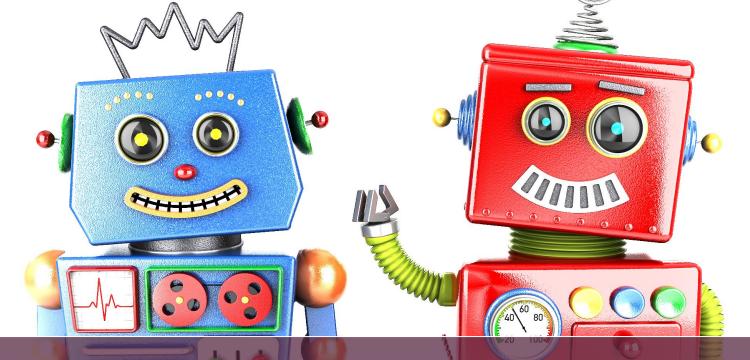


I know what you're thinking



Anyway, the system prefers rehabilitation to punishment





If you have any questions, **you can ask them** - there are some here today!



Okay - let's explore a case study





We're privileged to be joined by a very special guest today







This is a story about **Andrew's journey**





Many you know that Andrew contributes to society through **stand-up comedy**



Many you know that Andrew Contributes to society through *stand-up comedy*



His problem was, he'd just kept doing what he'd always done



He *didn't want to change* the way he'd always done things.



But to improve his position, he realised *he'd have to* change

44 THE FIRST LAW You must be healthy

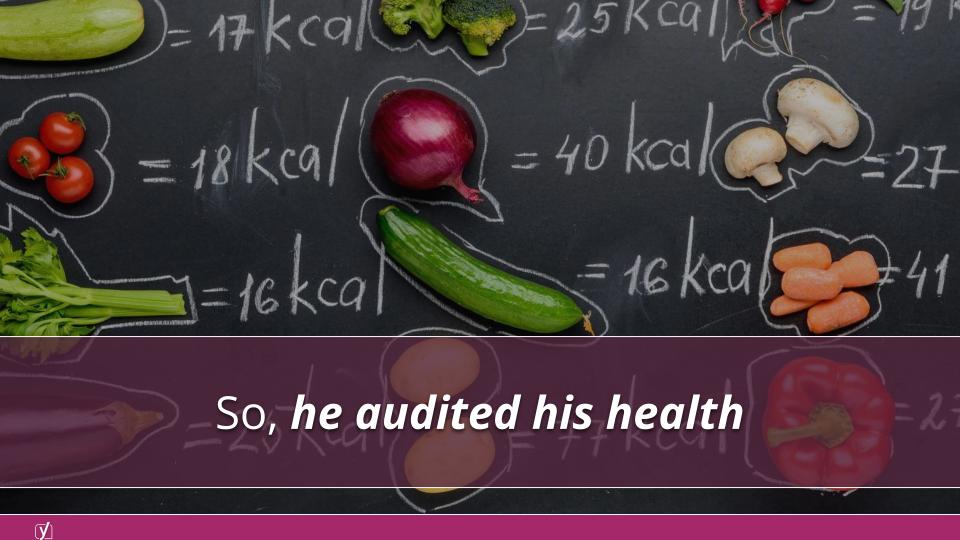
You must eat a balanced diet.

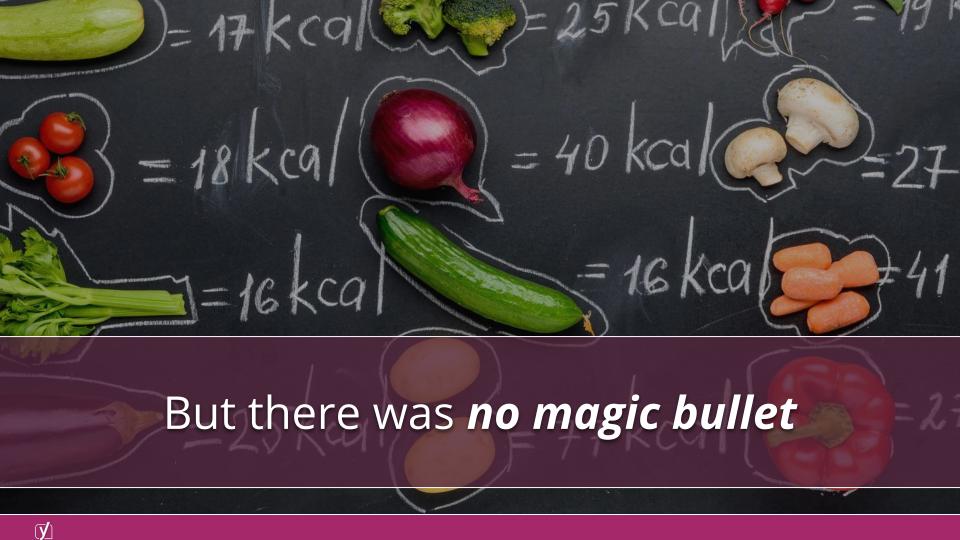
You must exercise regularly.

You must be strong, fast and flexible.

You must be fit, in mind and body.









He had *loads of small bugs*





But *it wasn't just his health* which was impacted by all of these bugs

44 THE FIRST LAW You must be *healthy*

You must eat a balanced diet.
You must exercise regularly.
You must be strong, fast and flexible
You must be fit, in mind and body.



One night, a man approached him, and introduced himself as *Mr Grey*

66 THE SECOND LAW

You must be creative

You must be innovative, stand out, surprise and delight. You must write, play music, or create beautiful art. You must challenge how people think and behave. You must create a legacy.





But then, things went wrong





44 THE SECOND LAW You must be *creative*

You must be innovative, stand out, surprise and delight. You must write, play music, or create beautiful art. You must challenge how people think and behave. You must create a legacy.



But Mr Grey insisted that the problem wasn't the content...



He said that he could get him more industry links & coverage



He said that, **it was normal** to use an agent to build links

44 THE THIRD LAW You must be popular

You must be well-known, and well-liked.

You must meet new people.

You must maintain a healthy and diverse network.

You must be talked about, wanted, loved.





He got *introductions* to influential journalists, peers and influencers



Mr Grey told him not to worry, and that they should do something *bigger*



So he *invested a fortune* in producing content for big PR campaign



Andrew was starting to wonder if he'd been getting **bad advice**

44 THE THIRD LAW You must be popular

You must be well-known, and well-liked.
You must meet new people.
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You must be talked about, wanted, loved.



So when *Mr Grey* approached him again...



He said that, were rumours of **other places**, beyond the wastelands





Things were looking **bad** for Andrew





Then, he had a moment of realisation



His problem was that he'd only been thinking about *himself*.



The secret to getting all of this right, is to *think about your impact on others*





He started writing new content, which was designed to *appeal to his audience*



He changed how he was talking to influencers, and made sure he was *adding value*



Now, Andrew is on the *road to recovery*





That's **the end** of our story





You have access to a *life coach*



